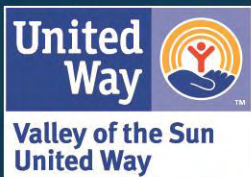




# Summer Food Service Program (SFSP) Activity Resource Guide



**LIVE UNITED.**



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# Summer Food Service Program Activity Resource Guide

Welcome to the Valley of the Sun United Way (UW) Summer Food Service Program (SFSP) Activity Resource Guide. Each summer children wait for the last bell of the school year. Summer is an exciting time for children to enjoy playtime with friends, a week at camp, a family vacation, or time at the pool. For children that rely on free or reduced-price school meals during the academic year, summer can mean hunger. Just as learning does not end when school lets out, neither does a child's need for good nutrition.

The SFSP was established by the United States Department of Agriculture (USDA), <http://www.fns.usda.gov/sfsp/summer-food-service-program-sfsp>, to ensure that low-income children continue to receive nutritious meals when school is not in session. However, the SFSP sites are not just a place for children to get a nutritious meal. They are also a safe and friendly place for children to go during the summer months. We have developed this Activity Resource Guide to support SFSP sites in enhancing their meal program with fun and engaging activities that keep children coming back each day.

The Activity Resource Guide is divided into sections to help you find what you need easily. The focus is on organizations/agencies in Maricopa County that are interested in providing activities at your SFSP meal sites. Listed with each organization/agency is important contact information, website address and a description of each activity offered. The guide also includes a section on 'Meal Site Hosted Activities' (in this section you will find a variety of websites with hundreds of ideas on projects from arts and crafts to science that you can do with the children at your SFSP site), 'Community Resources' and 'Free Off-Site Activities'.

We hope that the information in this Activity Resource Guide will be helpful in promoting a successful and rewarding SFSP.

Developed By:  
Valley of the Sun United Way  
Neelima Gabriel - AmeriCorps VISTA  
2014

# Educational Activities



## Arizona Humane Society

The Arizona Humane Society (AHS) is an ambassador for strengthening the relationship between pets and the people who love them. We offer Humane Education classes and workshops for educators and students alike. You will learn about pet care and the important role AHS plays in Arizona. We also host day and summer camps that teach the joy of pets to the next generation of animal lovers.

Website: [www.azhumane.org](http://www.azhumane.org)

Contact: Rose Snow  
Phone: 602-997-7586 x1042  
Email: [rsnow@azhumane.org](mailto:rsnow@azhumane.org)

Activity 1: Empathy  
Description: Teaching the meaning of the word and how it relates to animals and people.  
Fee: No Cost.

Activity 2: Pet Overpopulation  
Description: Teaching the issues of too many animals and what we can do about it.  
Fee: No Cost.

Activity 3: Arizona Humane Society Overview  
Description: Who we are and what we do.  
Fee: No Cost.

## Arizona Science Center – Science on Wheels

Arizona Science Center's Science on Wheels can visit your school or venue! Through a variety of innovative programs, Science on Wheels sparks excitement in your students with programs ranging from large scale school assemblies and family festivals to intimate classroom experiences. All of our programs are aligned to both state standards and the Common Core, and are designed to educate, inspire and excite your students about science and technology.

Website: [http://azscience.org/who\\_are\\_you/science\\_on\\_wheels](http://azscience.org/who_are_you/science_on_wheels)

Contact: Jeannie Colton  
Phone: 602-716-2000, ext. 253  
Email: [coltonj@azscience.org](mailto:coltonj@azscience.org)

With over 30 topics to choose from, please visit our website for current program offerings.

### Activity 1: In Your Class

Description: In-depth, hands-on experiments are aligned with AZ standards and Common Core. 60-90 minutes in length, up to 30 participants per session.  
Fee: \$175 per session, up to 3 sessions per day.

### Activity 2: Assembly

Description: Ideal for large audiences and will inspire, educate, and entertain! 45 minutes in length, up to 90 participants per session.  
Fee: \$200 per session.

### Activity 3: Family Science Festival

Description: Ideal for large audiences of any age and consist of hands-on tabletop activities to explore and learn at own pace; up to 2 hours in length, up to 300 participants per session.  
Fee: \$300 per session.



## Glendale Public Library

There are three branch library facilities that support the Glendale community: Foothills Branch Library at 19055 N. 57th Avenue; Glendale Library at 5959 W. Brown Avenue; and the Velma Teague Branch Library at 7010 N. 58th Avenue.

Website: [www.glendaleaz.com/library](http://www.glendaleaz.com/library)

Contact: Kristin Fletcher-Spear  
Phone: 623-930-3840  
Email: [kfletcher-spear@glendaleaz.com](mailto:kfletcher-spear@glendaleaz.com)

Activity 1: Storytime and Storytelling  
Description: Geared towards the 6 and younger age range; librarians can provide a simplified storytime program. This activity is best suited to crowds of 50 and less.  
Fee: No Cost.

Activity 2: Summer Reading Program  
Description: Library staff can sign children up for the library's summer reading program and bring prizes to the facility on a regular basis for children to redeem their prizes.  
Fee: No Cost.

Activity 3: Booktalking  
Description: Librarians can introduce books through booktalking - mini-commercials for the books. This activity is best suited to groups of 50 or less.  
Fee: No Cost.

## Lakeshore Learning Materials

Lakeshore Learning Materials is a leading developer and retailer of top-quality materials for early childhood education programs, elementary schools and homes nationwide. Since 1954, Lakeshore has offered innovative learning materials distinguished by their quality, educational merit and safety.

Website: [www.LakeshoreLearning.com](http://www.LakeshoreLearning.com)

There are 2 locations in Maricopa County.

### Lakeshore Learning Materials - Paradise Valley, Bell Rd

Contact: Store management  
Lakeshore Learning Store – Paradise Valley, Bell Road  
Phone: 602-482-7900  
Email: N/A

## Lakeshore Learning Materials – Phoenix, Ray Rd

Contact: Store management  
 Lakeshore Learning Store – Phoenix, Ray Road  
 Phone: 480-940-7700  
 Email: N/A

The activity listed below is offered by both locations.

Activity: Craft For Children  
 Description: We can provide a summer-themed craft for children 3 and older.  
 Fee: No Cost.

## Mad Science

Mad Science is a leading science enrichment provider. We deliver unique, fun, hands-on science experiences for children that are as entertaining as they are educational.

Website: [www.madscience.org/scottsdalenephoenix](http://www.madscience.org/scottsdalenephoenix)

Contact: Kathy or Jack Hamlett  
 Phone: 480-222-2233  
 Email: [funinfo@madsciphx.com](mailto:funinfo@madsciphx.com) or [jack@madsciphx.com](mailto:jack@madsciphx.com)

Activity 1: Summer Workshops  
 Description: Variety of topic choices, 50 minutes hands-on fun science that can be done back to back multiple times during the day for up to 30 children per session.  
 Fee: \$149.00 per 50 minute workshop; normally \$170.00.

Activity 2: ½ Day Summer Camp (3 hours per day – 5 days)  
 Description: 4 different themed camps that can be done either full or half day for 22 children per class available up to 100 children per day.  
 Fee: \$100.00 per student which is a 13% discount form regular pricing.

Activity 3: Full Day Summer Camp (6 hours per day – 5 days)  
 Description: 4 different themed camps that can be done either full or half day for up to 22 children per class, available up to 100 children per day.  
 Fee: \$200.00 per student which is a 13% discount from regular pricing.





## Mark Carter Science

Science is not just a textbook, it is fun and exciting! Science is the knowledge of something. Whether it's weather, physics or playing basketball, knowledge is the science behind performing it well. I demonstrate that there is science in everything we do! Math, soccer and video games are bursting with science. I am a science educator with over 20 years of experience working with kids and adults.

Website: [www.markcarterscience.com](http://www.markcarterscience.com)

Contact: Mark Carter  
Phone: 623-939-0329  
Email: [markcarterscience@cox.net](mailto:markcarterscience@cox.net)

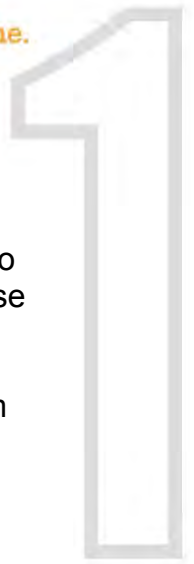
Activity 1: Science of Air Pressure  
Description: How to make an air powered car, hover craft, vortex compression toy and more! See website for details.  
Fee: 1 hour \$200.00-\$400.00.

Activity 2: Science of Electricity  
Description: Demonstrations with Circuits (citrus battery) and static electricity (Van de Graaff generator). See website for details.  
Fee: 1 hour \$200.00-\$400.00.

Activity 3: Science of the Body, "Grossology"  
Description: Science that makes you go "ewww..." The gross science of the body; based on the books from Sylvia Branzei's "Grossology" series. See website for details.  
Fee: 1 hour \$200.00-\$400.00.

Activity 4: Science of Magic  
Description: Illusions created to trick the brain and your five senses and how they do it! See website for details.  
Fee: 1 hour \$200.00-\$400.00.





## Phoenix Zoo

Our Phoenix Zoo Outreach Team will deliver exciting educational programs directly to your school! Our Outreach Specialists will engage your students by providing up-close animal experiences with a select group of invertebrates, reptiles, amphibians, birds, and mammals. We strive to inspire students about the wonders of our earth and the animals with whom we share it. Our one-hour programs are designed for a maximum of 75 participants.

Website: [www.phoenixzoo.org](http://www.phoenixzoo.org)

Contact: Phoenix Zoo Reservations  
Phone: 602-914-4333  
Email: [reservations@thephxzoo.com](mailto:reservations@thephxzoo.com)

Activity 1: Animal Kingdom: From Fur to Feathers, Scales to Exoskeletons  
Description: Discover the amazing characteristics of the animal world. Identify and learn about the similarities and differences that help us categorize animals into distinct scientific groups. This is a one-hour interactive program for groups of up to 75 participants. Presenter will need a table for the animals.

Fee: \$190 1st hour/instructor, \$150 additional consecutive hour or additional instructor. Additional presentations can be booked at a discounted price.

Activity 2: The Tooth About What Animals Eat  
Description: Explore animal nutrition with live animal ambassadors and skull models. Animal mouths work in different ways to help animals eat the food they need to stay healthy, just like ours! Discover the truth about what and how animals eat. This is a one-hour interactive program for groups of up to 75 participants. Presenter will need a table for the animals.

Fee: \$190 1st hour/instructor, \$150 additional consecutive hour or additional instructor. Additional presentations can be booked at a discounted price.

## Sea Life Arizona Aquarium

Sea Life Arizona is a full sized aquarium with over 5,000 sea creatures. Sea Life Arizona transports visitors into the amazing ocean world, providing close encounters with a vast array of creatures including seahorses, sharks, rays, tropical fish and more!

Website: [www.visitsealife.com/arizona](http://www.visitsealife.com/arizona)

Contact: Steven Rugg  
Phone: 480-478-7594  
Email: [steven.rugg@sealifeus.com](mailto:steven.rugg@sealifeus.com)

Activity 1: Mobile Touch Tank/Powerpoint Presentation

Description: Provide a team of 2 SEA LIFE employees and a mobile touch tank with sea stars and hermit crabs. Participants will be allowed to touch these creatures. Powerpoint presentation can be included if the host site can provide a projector, screen, and computer.

Fee: \$200 for the first hour, add \$75 for any additional hour.

Activity 2: Artifacts/Powerpoint Presentation

Description: Includes one associate that will provide cool ocean artifacts and facts in general about the ocean. Powerpoint presentation can be included if host site can provide a projector, screen, and computer. Most of these artifacts are hands-on and can include shark jaws and teeth. Host will need to provide a couple of volunteers to help with flow and organization.

Fee: \$150 for 2 hours.

Activity 3: Aquarium Visit!

Description: Team up with Arizona mills Food court to provide a meal and ticket to the aquarium. Visit is good for all day. Let us know if you would like help finding affordable transportation.

Fee: Meal- \$3-\$5 per person/call ahead for exact quote. \$6 per person for aquarium visit.

## **Wildlife World Zoo & Aquarium**

With over 5000 individual animals representing more than 700 species, the Wildlife World Zoo & Aquarium is Arizona's largest collection of exotic animals.

Website: [www.wildlifeworld.com](http://www.wildlifeworld.com)

Contact: Josh Jarnagin or Kristy Morcom

Phone: 623-935-5692 ext. 106

Email: [JoshJarnagin@wildlifeworld.com](mailto:JoshJarnagin@wildlifeworld.com)

Activity 1: Outreach Program

Description: Educational and informational programs featuring live exotic animals. We feature a variety of different programs focusing on different groups of animals and the amazing adaptations they have. Programs usually run for 1 hour and can be tailored to fit the needs of your group.

Fee: \$150+

## Entertainment and Cultural Activities



### AZ Clowns

AZ Clowns has provided clown entertainment in Arizona for over 18 years. Some of the activities that we provide are Face Painting, Creative Balloon Sculptures and Children's Games.

Website: [www.azclowns.com](http://www.azclowns.com)

Contact: Kathy Scott  
Phone: 623-512-7517 (cell)  
Email: [info@azclowns.com](mailto:info@azclowns.com)

Activity 1: Face Painting

Description: Face painting includes Spiderman, Batman, Butterflies, Hello Kitty, Unicorn Pony, Minion, Angry Birds and more.

Fee: \$125 for the 1st hour; \$75 for each additional hour.

Activity 2: Balloon Sculptures

Description: A variety of balloon sculptures is offered, such as Spiderman, Batman, Princess Crowns, Lady Bugs and more.

Fee: \$125 for the 1st hour; \$75 for each additional hour.

Activity 3: Children's Games

Description: Children's games include bean bag toss, hula hoop, sack races, tug-of-war, etc.

Fee: \$125 for the 1st hour; \$75 for each additional hour.



## Bang Bang Balloon Company

Family entertainment using fantastic balloon sculptures!

Website: [www.bangbangballooncompany.com](http://www.bangbangballooncompany.com)

Contact: Deby Fout  
Phone: 480-980-3242  
Email: [arizonarick@outlook.com](mailto:arizonarick@outlook.com)

Activity 1: The Great Grand Canyon Balloon Show  
Description: The show includes stories using balloon animals, a balloon game and maybe a bit of magic. Stories like 'The Princess and the Hero' and 'Old McDonald Had An Aquarium'.  
Fee: One hour show \$300.00.

## Deb's Dragons

Have an interactive adventure with creatures from around the world. Deb's Dragons has been serving Greater Arizona and Southern California with exceptional and highly interactive animal shows since 2002. Deb's Dragons strives to create a show that is perfectly tailored to your event.

Website: [www.debsdragons.com](http://www.debsdragons.com)

Contact: Deborah Miller  
Phone: 602-579-9871  
Email: [debsdragons@aol.com](mailto:debsdragons@aol.com)

Activity 1: Interactive Animal Adventure For Parties, Classrooms and Assemblies  
Description: Have an up-close and personal interactive and educational adventure with misunderstood creatures from around the world: lizards, dragons, pythons, insects, constrictors and the like. Each participant is allowed to interact with and learn about these amazing animals in an adventure-type setting.  
Fee: One hour show: approximately \$6-\$10 per person (up to 35 people).  
One hour circular assembly/less animals: approximately \$5-\$7 each (35 people and over).

Activity 2: Premium Event Animal Adventure Carnival  
Description: 10-20 booths of interactive animals and fear factor games.  
Fee: \$8 per person (50 people – 150 people per hour). Time is allotted and planned according to number of people.

Activity 3: Fear Factor Live Event  
Description: Pick from choices of initiatives. Teams or no teams. Available in easy to difficult challenges. List is a secret list of initiatives, so email for more info. Score cards or not. Can be done with kids, families, adults, corporate events. Fun for older kids.  
Fee: Approximately \$8-\$10 per person.

## Ecto Critterz

Ecto Critterz offers a complete interactive experience for those interested in reptiles, amphibians, mammals, and arthropods. Shows can be tailored to any audience or venue, including schools, child-care facilities, birthday parties or ANY other special event.

Website: [www.ectocritterz.com](http://www.ectocritterz.com)

Contact: Scott Robinson  
Phone: 480-760-3986  
Email: [ectocritterz@gmail.com](mailto:ectocritterz@gmail.com)

Activity 1: Interactive Exotic Animal Learning Experience  
Description: All ages. Complete interactive, hands-on critter show.  
Fee: Rates vary per location and show length.



## Heard Museum

The mission of the Heard Museum is to educate people about the arts, heritage and life ways of the Indigenous peoples of the Americas, with an emphasis on American Indian tribes of the Southwest.

Website: [www.heard.org](http://www.heard.org)

Contact: Shaliyah Ben  
Phone: 602-251-0259  
Email: [sben@heard.org](mailto:sben@heard.org)

Activity 1: Renting of Heard Museum Panel Exhibits  
Description: These three-panel, freestanding exhibits - each with a hands-on materials display stand - are designed for use in libraries or schools and are free. Museum staff members set up and take down the exhibits. Month-long loans are available on a first-come, first-served basis. Exhibits include: RAIN, Following the Sun and Moon - Hopi Katsina Dolls, Mayan Life - Source and Symbol, Phoenix Indian Boarding School, We Are! Four Southern Arizona Tribes.  
Fee: No Cost.

Activity 2: Heard Museum Speaker's Bureau  
Contact Dorothy Sullivan  
480-895-9674  
[dotsully@hotmail.com](mailto:dotsully@hotmail.com)

Description: Experienced guides offer informal lectures, slide-talks and hand-on programs to schools and community groups. Slide presentation last between 30-45 minutes. Speakers can bring touch-its for students to handle.

**Presentation topics include:**

- Architecture of the ancestral Pueblo People
- Arizona's Native Americans
- Arts of the Native People of the Southwest
- Beautiful Resistance
- Dine' - The Navajo
- Every Picture Tells a Story
- The Hohokam and the O'Odham
- Inde' - The Apache
- Life in a Cold Place: Arctic Art from the Albrecht Collection
- Native American Jewelry

Fee: No Cost to schools.

## Phoenix Center for the Arts

Phoenix Center for the Arts provides opportunities to participate in the visual and performing arts through quality classes, events, and programming. Classes are available for youth, adults, and families.

Website: [www.phoenixcenterforthearts.org](http://www.phoenixcenterforthearts.org)

Contact: Mandy Watkins, Outreach Coordinator  
Phone: 602-254-3100 x 307  
Email: [m.watkins@phoenixcenterforthearts.org](mailto:m.watkins@phoenixcenterforthearts.org)

Activity 1: Performing Arts Educational Activities  
Description: Spoken Word, Dance, or Drama teaching artists provide children with the instruction and foundational principles necessary to create and perform expressively through dance, spoken word poetry, or drama.  
Fee: \$50/hour +materials and preparation/travel time.



**Activity 2: Creative Writing**

**Description:** Introduce your child to the joy of writing. This isn't about diagramming sentences or punctuation. This series of creative writing workshops are a fantastic outlet for a wild imagination and a great way to learn how to express yourself.

**Fee:** \$50/hour +materials and preparation/travel time.

**Activity 3: Visual Arts Educational activities**

**Description:** Ceramics, Painting, Drawing, Mixed Media, or Glass teaching artists provide children with the instruction and foundational principles necessary to create great works of art. Teaching artists help kids stretch their imagination to its fullest with different mediums and techniques.

**Fee:** \$50/hour +materials and preparation/travel time; ceramics and glass would require multiple days.

**Activity 4: Spanish-Speaking Teaching Artists**

**Description:** Bilingual teaching artists provide instruction in visual and performing arts. Current options are acting and Mexican folk arts.

**Fee:** \$50/hour +materials and preparation/travel time; ceramics and glass would require multiple days.

## Reptile Adventures

Reptile Adventures offers a live interactive reptile show, and has reptiles for just about any event and all occasions. There are both small reptiles and large, some larger than the children! Every reptile has been raised around children and is a completely trusted and beautiful animal.

**Website:** [www.reptileadventures.com](http://www.reptileadventures.com)

**Contact:** Rich Ihle

**Phone:** 480-824-2167

**Email:** [rich@reptileadventures.com](mailto:rich@reptileadventures.com)

**Activity 1: Interactive Live Reptiles**

**Description:** Activity is appropriate for classrooms, school assemblies, preschools, scouts, libraries, day camps, birthday parties and special events.

**Fee:** 1 hour programs range from \$200-\$250 and up, depending on location and group size. Other types of events will be individually priced.



# Healthy Lifestyle Activities



## American Heart Association

American Heart Association (AHA) is a health nonprofit focused on improving the cardiovascular health of all Americans and reducing the number of deaths from heart diseases and stroke.

Website: [www.heart.org](http://www.heart.org)

Contact: Kerrin Kleinschmidt

Phone: 602-414-5344

Email: [Kerrin.Kleinschmidt@heart.org](mailto:Kerrin.Kleinschmidt@heart.org)

Activity 1: Simple Cooking With Heart

Description: Eating healthy can be fun and easy and 'Simple Cooking With Heart' is teaching the community how. The program consists of a 30-minute 'cooking' demonstration and then sampling of the recipe(s) made. The demonstration recipes can be designed for a location that does not have heat or water (salad, salsa, etc.). Demonstrations are recommended for groups of kids older than 2nd grade and in small groups – 10-15 students at a time. Each student would receive a booklet to take home to their family. The demonstration would be in English, but the booklets to take home are available in English or Spanish.

Fee: Free – until funding runs out. The AHA has a small allotment of money given to us from Wal-Mart to conduct these cooking demonstrations in the community. Once the funds run out, organizations could still do the program, but would need to pay for all the materials themselves. Cost of food, sample cups, cooking supplies, etc. is about \$100 for 10 students. Any organization interested in having a demonstration needs to schedule it with the AHA before March 30th (demonstrations would be mid-May-June).

## Care1st Health Plan Arizona Inc.

Care1st is a health plan providing support and services to meet the health care needs of eligible members enrolled in KidsCare, AHCCCS, and DDD.

Website: [www.care1st.com/az](http://www.care1st.com/az)

Contact: Mauricio Orozco

Phone: 480-282-3631

Email: [morozco@care1st.com](mailto:morozco@care1st.com)

Activity 1: Health Education & Information

Description: Interactive activities related to health topics for children.

Fee: No Cost.

Activity 2: Nutrition Education & Information

Description: Interactive activities related to nutrition for children and adults.

Fee: No Cost.

Activity 3: Resource Navigation & Resources

Description: Resources and Information about AHCCS, SNAP, TANF, ACA.

Fee: No Cost.

Activity 4: Wellness & Physical Activities

Description: Interactive aerobics, drumming and basic health screenings for children.

Fee: No Cost.

## Maricopa County Office of Nutrition & Physical Activity

Maricopa County Department of Public Health, Office of Nutrition and Physical Activity (ONPA) proudly serves residents through various nutrition programs. Our team is dedicated to improving the health and well-being of all ages and aims to provide the public with the most up-to-date, evidence-based information. We continue to support the common goal to improving human health by way of nutrition.

Website: [www.maricopa.gov/publichealth/Services/Nutrition/default.aspx](http://www.maricopa.gov/publichealth/Services/Nutrition/default.aspx) and [www.MaricopaSchoolWellness.org](http://www.MaricopaSchoolWellness.org)

Contact: Christine Hicks, RD, Dietitian Supervisor

Phone: 602-506-9322

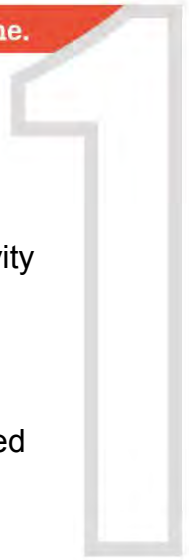
Email: [christinehicks@mail.maricopa.gov](mailto:christinehicks@mail.maricopa.gov)

Activity 1: Nutrition and Physical Activity Resources

Description: Maricopa County ONPA will provide nutrition and physical activity education material and resources to qualifying sites that participate in the SFSP through our Supplemental Nutrition Assistance Program-Education Program (SNAP-Ed) grant. Can also provide resources and train interested meal sites on physical activity and nutrition activities.

Fee: No Cost.





## University of Arizona Nutrition Network (UANN)

UANN provides education and support to promote healthy nutrition and physical activity lifestyles. Classes and services are for low income public housing, senior centers, emergency food distribution sites, schools, child care centers, summer food program sites, DES and WIC offices. Our services include: (1) Nutrition Education Materials (Handouts and Reinforcement Items), (2) Direct Nutrition Education for youth and/or adults, (3) Nutrition Event Booths, (4) Posters and other Signage, (5) Training provided to staff interested in integrating nutrition into daily activities.

Website: [www.uanutritionnetwork.org](http://www.uanutritionnetwork.org)

Contact: Stephanie Martinez  
Phone: 602-827-8238  
Email: [uamaricopanutrition@cals.arizona.edu](mailto:uamaricopanutrition@cals.arizona.edu)

Activity 1: Nutrition & Physical Activity Interactive Classes  
Description: Classes include messages about MyPlate, All 5 Food Groups, Sugar Shockers, Nutrition integrated physical activity and much more!  
Fee: No Cost.

## WHEAT (World Hunger Education, Advocacy & Training Organization)

WHEAT educates advocates, motivates and empowers individuals to action in the fight against hunger. WHEAT has been actively involved in creating opportunities for sponsors, donors and volunteers within the Summer Food Service Program since 2003.

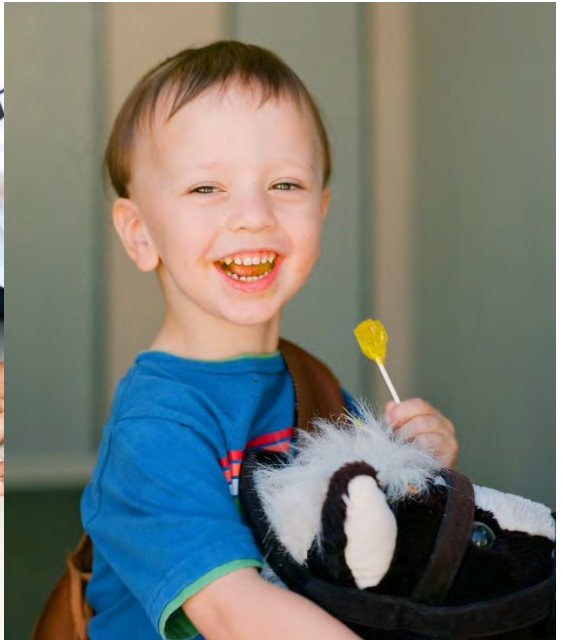
Website: [www.HungerHurts.org](http://www.HungerHurts.org)

Contact: Cynthia Mudd, Director of Operations  
Phone: 602-955-5076  
Email: [cynthia.mudd@HungerHurts.org](mailto:cynthia.mudd@HungerHurts.org)

Activity 1: Securing Nutrition Education Students from ASU for Activities  
Description: WHEAT works with students who are motivated to share good nutrition and healthy living activities with the community. WHEAT will be your contact to schedule these college students to provide nutrition and physical education activities at your site. Students provide 1 hour programs inclusive of indoor physical education activities, easy no bake cooking with kids, good nutrition games. All activities done with high energy and fun!  
Fee: No Cost.

# Safety Agencies

Utilize your local Fire Department and local Police Department to deliver safety education presentations and programs to the children at your SFSP site.



## Phoenix Metro Area Fire Departments

You can contact the following Fire Departments for specific presentations and programs:

### Avondale Fire-Rescue

Website: [www.avondale.org/fire](http://www.avondale.org/fire)

Contact: Sue Pistoia  
Phone: 623-333-6112

Email: [supistoia@avondale.org](mailto:supistoia@avondale.org)

Activity 1: Interactive Fire and Life Safety Presentations

Description: 20 minute safety information with questions and answers. In addition, we may also be able to bring an engine along, schedule permitting.

Fee: No Cost.

### Circle City/Morristown Fire Department

Website: [www.ccmfd.org](http://www.ccmfd.org)

Contact: Chief Harry Dame  
 Phone: 623-388-9473  
 Email: [harry.dame@ccmfd.org](mailto:harry.dame@ccmfd.org)

Activity 1: Fire Prevention  
 Description: To educate the public on precautions to prevent potentially harmful fires and information they need to know for surviving them.  
 Fee: No Cost.

### Glendale Fire Department

Website: [www.glendaleaz.com/fire](http://www.glendaleaz.com/fire)

Contact: Dr. Janet Boberg  
 Phone: 623-695-4357  
 Email: [jboberg@glendaleaz.com](mailto:jboberg@glendaleaz.com)

Activity 1: Fire Safety Presentation  
 Description: Teach fire safety skills in a 50 minute presentation.  
 Fee: No Cost.

Activity 2: Continuous Chest Compression CPR  
 Description: The new CCC-CPR class taught to youth age 10 and above in a 50 minute presentation.  
 Fee: No Cost.

Activity 3: Water Safety Presentation  
 Description: Water safety skills taught in a 50 minute presentation.  
 Fee: No Cost.

### Surprise Fire Department

Website: [www.surpriseaz.gov/firedepartment](http://www.surpriseaz.gov/firedepartment)

Contact: Captain Renee Hamblin  
 Phone: 623-222-5128  
 Email: [renee.hamblin@surpriseaz.gov](mailto:renee.hamblin@surpriseaz.gov)

Activity 1: Fire Pals  
 Description: Educate children on fire safety.  
 Fee: No Cost

Activity 2: Community CCC and Basic First Aid  
 Description: Teach children basic first aid and chest compression only CPR.  
 Fee: No Cost.

Below is a list of additional Phoenix Metro Area Fire Departments you can partner with to organize fire safety education presentations and programs:

Fire Department	Phone	Website	Contact	Contact Phone	Contact Email
Apache Junction	480-982-4440	<a href="http://www.ajfire.org">www.ajfire.org</a>	Mark Gomez	480-982-4440 ext. 228	<a href="mailto:mark.gomez@ajfire.org">mark.gomez@ajfire.org</a>
Buckeye	623-349-6700	<a href="http://www.buckeyeaz.gov/fire">www.buckeyeaz.gov/fire</a>	Jennifer Rogers	623-349-6974	<a href="mailto:jrogers@buckeyeaz.gov">jrogers@buckeyeaz.gov</a>
Chandler	480-782-2120	<a href="http://www.chandleraz.gov/fire">www.chandleraz.gov/fire</a>	Debbe Simpkins	480-782-2124	<a href="mailto:Deborah.Simpkins@chandleraz.gov">Deborah.Simpkins@chandleraz.gov</a>
El Mirage	623-583-7968	<a href="http://www.cityofelmirage.org/fire">www.cityofelmirage.org/fire</a>	Amber Wackman	623-876-2962	<a href="mailto:awackman@cityofelmirage.org">awackman@cityofelmirage.org</a>
Gilbert	480-503-6300	<a href="http://www.gilbertaz.gov/fire">www.gilbertaz.gov/fire</a>	Jean Machnicki	480-503-6353	<a href="mailto:Jean.Machnicki@gilbertaz.gov">Jean.Machnicki@gilbertaz.gov</a>
Goodyear	623-932-2300	<a href="http://www.goodyearaz.gov/index.aspx?ID=159">www.goodyearaz.gov/index.aspx?ID=159</a>	Tanja Tanner	623-882-7308	<a href="mailto:tanja.tanner@goodyearaz.gov">tanja.tanner@goodyearaz.gov</a>
Mesa	480-644-2101	<a href="http://www.mesaaz.gov/fire">www.mesaaz.gov/fire</a>	Forest Smith	480-644-2200	<a href="mailto:forest.smith@mesaaz.gov">forest.smith@mesaaz.gov</a>
Peoria	623-773-7279	<a href="http://www.peoriaaz.gov/newsecondary.aspx?id=1861">www.peoriaaz.gov/newsecondary.aspx?id=1861</a>	Tim Eiden	623-773-7279	
Phoenix	602-262-6297	<a href="http://www.phoenix.gov/fire">www.phoenix.gov/fire</a>	Sonya Contreras	602-534-0953	<a href="mailto:sonya.contreras@phoenix.gov">sonya.contreras@phoenix.gov</a>
Scottsdale	480-312-8000	<a href="http://www.scottsdaleaz.gov/fire">www.scottsdaleaz.gov/fire</a>	Lori Schmidt	480-312-1817	<a href="mailto:lschmidt@scottsdaleaz.gov">lschmidt@scottsdaleaz.gov</a>
Sun Lakes Fire District	480-895-9343	<a href="http://www.slfd.org">www.slfd.org</a>	Fire Chief Paul Wilson		<a href="mailto:pwilson@slfd.org">pwilson@slfd.org</a>
Tempe	480-858-7200	<a href="http://www.tempe.gov/firedepartment">www.tempe.gov/firedepartment</a>	Monique Bonfiglio	480-858-7240	<a href="mailto:monique_bonfiglio@tempe.gov">monique_bonfiglio@tempe.gov</a>
Tolleson	623-936-8500	<a href="http://www.tollesonaz.org/firedepartment">www.tollesonaz.org/firedepartment</a>	Susie Solorio	623-936-8500	<a href="mailto:ssolorio@tollesonaz.org">ssolorio@tollesonaz.org</a>





## Phoenix Metro Area Police Departments

### Gilbert Police Department

Website: [www.gilbertaz.gov/police](http://www.gilbertaz.gov/police)

Contact: Kim Kelly  
 Phone: 480-635-7520  
 Email: [kim.kelly@gilbertaz.gov](mailto:kim.kelly@gilbertaz.gov)

Activity 1: Child ID Clinic  
 Description: Digital Fingerprinting.  
 Fee: No Cost.

### Peoria Police Department



Website: [www.peoriaaz.gov](http://www.peoriaaz.gov) or  
[www.peoriaaz.gov/newsecondary.aspx?id=14413](http://www.peoriaaz.gov/newsecondary.aspx?id=14413)

Contact: Lieutenant Bruce Walls  
 Phone: 623-773-8042  
 Email: [Bruce.Walls@Peoriaaz.gov](mailto:Bruce.Walls@Peoriaaz.gov)

Activity 1: BADGE (Building Accountability through Development, Guidance and Education)  
 Description: The BADGE program is a plan designed to work with at risk youth. BADGE is a cooperative partnership between the Peoria Police Department, Maricopa County Sheriff's Office, Maricopa County Attorney's Office, Peoria Community Development Center and local businesses. This program is designed to reach out and give a helping hand to those kids who are less fortunate and have started to drift toward the road of unproductiveness. BADGE reaches our youth and educates them to the implications of bad decision making while providing them with a long term mentor. These mentors are there to establish relationships with the kids and coach them toward successful opportunities. The BADGE program will do this by instilling the importance of staying in school, providing assistance in obtaining a vocational skill and through police education. As a community we believe this effort will reduce crime and the fear of crime thus incorporating a sense of kinsmanship among the community and the police. This program starts in the Summer of 2014 and will end Summer of 2015. Age Range: 14-18.  
 Fee: No Cost.

Below is a list of additional Phoenix Metro Area Police Departments you can partner with to organize safety education presentations and programs:

Police Department	Phone	Website	Contact	Contact Phone	Contact Email
Apache Junction	480-982-8260	<a href="http://www.ajcity.net/index.aspx?nid=112">www.ajcity.net/index.aspx?nid=112</a>	Constance Halonen	480-474-5442	<a href="mailto:chalonon@AJCity.Net">chalonon@AJCity.Net</a>
Avondale	623-333-7000	<a href="http://www.avondale.org/index.aspx?NID=78">www.avondale.org/index.aspx?NID=78</a>	Kathy Laneri	623-333-7342	<a href="mailto:klaneri@avondale.org">klaneri@avondale.org</a>
Buckeye	623-349-6400	<a href="http://www.buckeyeaz.gov/police">www.buckeyeaz.gov/police</a>	Jennifer Rogers	623-349-6974	<a href="mailto:jrogers@buckeyeaz.gov">jrogers@buckeyeaz.gov</a>
Chandler	480-782-4100	<a href="http://www.chandlerpd.com">www.chandlerpd.com</a>	Robin Valenzuela	480-782-4962	<a href="mailto:robin.valenzuela@chandleraz.gov">robin.valenzuela@chandleraz.gov</a>
El Mirage	623-933-1228	<a href="http://www.cityofelmirage.org/police">www.cityofelmirage.org/police</a>	Monica Rios	623-433-9536	<a href="mailto:mrios@cityofelmirage.org">mrios@cityofelmirage.org</a>
Glendale	623-930-3000	<a href="http://www.glendaleaz.com/police">www.glendaleaz.com/police</a>	Kim Dominguz	623-930-3158	<a href="mailto:kdominguz@glendaleaz.com">kdominguz@glendaleaz.com</a>
			Doreen Anderson	623-930-4044	<a href="mailto:danderson@glendaleaz.com">danderson@glendaleaz.com</a>
Goodyear	623-932-1220	<a href="http://www.goodyearaz.gov/index.aspx?NID=59">www.goodyearaz.gov/index.aspx?NID=59</a>	Jeff Mercy	623-882-7716	<a href="mailto:jmercy@goodyearaz.gov">jmercy@goodyearaz.gov</a>
Litchfield Park	602-876-1011	<a href="http://www.litchfield-park.org/index.aspx?nid=70">www.litchfield-park.org/index.aspx?nid=70</a>	Officer Taylor	602-525-6640 (cell)	<a href="mailto:C_Taylor@mcso.maricopa.gov">C_Taylor@mcso.maricopa.gov</a>
Mesa	480-644-2011	<a href="http://www.mesaaz.gov/police">www.mesaaz.gov/police</a>	Ray Villa	480-644-2283	<a href="mailto:r.villa@mesaaz.gov">r.villa@mesaaz.gov</a>
Phoenix	602-262-7626	<a href="http://www.phoenix.gov/police">www.phoenix.gov/police</a>	Mark Schweikert	602-262-7640	<a href="mailto:mark.schweikert@phoenix.gov">mark.schweikert@phoenix.gov</a>
Queen Creek, MCSO	602-876-1011	<a href="http://www.queencreek.org/departments/public-safety/maricopa-county-sheriff-s-office">www.queencreek.org/departments/public-safety/maricopa-county-sheriff-s-office</a>	Ivan Lopez	602-876-5065	
Scottsdale	480-312-1907	<a href="http://www.scottsdaleaz.gov/POLICE">www.scottsdaleaz.gov/POLICE</a>	Officer Pubins	480-312-1991	<a href="mailto:dpubins@scottsdaleaz.gov">dpubins@scottsdaleaz.gov</a>
Tempe	480-350-8311	<a href="http://www.tempe.gov/policedepartment">www.tempe.gov/policedepartment</a>	Molly Enright	480-858-6148	<a href="mailto:molly_enright@tempe.gov">molly_enright@tempe.gov</a>
			Charles Cobbs	480-350-8691	<a href="mailto:charles.cobbs@tempe.gov">charles.cobbs@tempe.gov</a>
Tolleson	623-936-7186	<a href="http://www.tollesonaz.org">www.tollesonaz.org</a>	Sergeant Gayton	623-936-2729	<a href="mailto:ogaytan@tollesonaz.org">ogaytan@tollesonaz.org</a>

# Meal Site Hosted Activities

## Arts and Crafts

There are many arts and crafts projects that the children at your SFSP site can create. Listed below are a few recommended websites. These sites have hundreds of arts and crafts ideas.



On **Kiwi Crate**, <http://www.kiwicrate.com/themes/Art-Projects-for-Kids/2>, you can easily categorize your search by 'Favorite Ideas' or 'Ideas by Themes'.

Check out these unique projects:

- Stained Glass Apple Printing
- Marshmallow Sculptures
- Robot Automaton
- Balloon Pet

**ZOOMdo**, <http://pbskids.org/zoom/activities/do/>, is a very artsy crafty site that also includes activities that help the environment.

Some wonderfully inspiring projects are:

- Wind Chime
- Adinkra Stamps
- Kaleidoscope
- Zoetrope

**Enchanted Learning**, <http://www.enchantedlearning.com/crafts/>, provides creative ideas from A – Z, and the projects use materials from around the house.

Just a few fun and exciting categories:

- Astronomy
- Dinosaurs
- Japanese Crafts
- Whales

## Music

*'Music brings people together. Through music, children take an inner experience and move it into a shared creative experience'* (Judi Bosco, Board Certified Music Therapist). There are many music projects that the children at your SFSP site can get involved in. Below are a few websites with lots terrific of ideas.

On **Kinder Art**, <http://www.kinderart.com/teachers/9instruments.shtml>, you will find easy to make instruments for children. Stroll down the page and you will find links to more musical instruments to make such as a Chinese Gong, Coffee Can Drum, Didgeridoo and much more.

### **Lessons For The Classroom**,

[www.katietraxler.com/index.php?option=com\\_content&view=article&id=69&Itemid=466](http://www.katietraxler.com/index.php?option=com_content&view=article&id=69&Itemid=466), includes lots of ideas for music lessons and music games.

## Nutrition and Physical Activity

There are lots of ways to promote nutrition and physical activities that the children at your SFSP site can participate in. Take a look at the websites below for some great ideas.

**American Health Association** offers free download materials:

- Play 60 Challenge, [www.heart.org/play60challenge](http://www.heart.org/play60challenge), is a program to help educate 7<sup>th</sup> and 8<sup>th</sup> graders about the importance of getting 60 minutes of physical activity each day. Teacher Guides with lesson plan ideas and Game Planners for students to track their daily physical activity. The lesson plans and resources can be adapted for younger children.
- Heart Healthy Lesson Plans, [www.heart.org/educator](http://www.heart.org/educator), offer short lesson plans, to quick activities, to coloring sheets. These tools are divided by Elementary or Middle School and in easy to print PDF format. All the materials focus on improving health and education about heart health.

### **Arizona Department of Health Services, Nutrition, Physical Activity, and Obesity Program (NUPAO)** resource page,

<http://www.azdhs.gov/phs/bnp/nupao/OtherRes.htm>, is a good source of information on nutrition and physical activity.

- The Game Book 'Promoting Lifetime Activity for Youth', [http://www.azdhs.gov/phs/physicalactivity/documents/progMat/Game\\_Book.pdf](http://www.azdhs.gov/phs/physicalactivity/documents/progMat/Game_Book.pdf), has over 50 activities designed for a classroom setting.

On **Centers for Disease Control and Prevention (CDC)**,

<http://www.cdc.gov/family/kidexpress/index.htm>, you will find free printable activities on how to stay safe and health. Materials include puzzles, coloring pages, word scrambles and more.

**Nourish Interactive**, <http://www.nourishinteractive.com/>, is a free one-stop resource for fun nutrition games for kids, interactive nutrition tools, tips for educators, cooking with Chef Solus and more.



## Science

Science is all around you. The children at your SFSP site can learn about the amazing world of science while enjoying fun and interesting activities. The following websites are just a few amazing sites.

National Geographic is not just a magazine. **National Geographic's Kids**, [www.kids.nationalgeographic.com/kids/activities/funscience/](http://www.kids.nationalgeographic.com/kids/activities/funscience/), features lots of hands-on science experiments.

**Science For Kids – American Chemical Society**, [www.acs.org/content/acs/en/education/whatischemistry/scienceforkids.html](http://www.acs.org/content/acs/en/education/whatischemistry/scienceforkids.html), introduces science for kids - projects about solids, liquids, gases, the earth and human body processes.

**Education.com**, [www.education.com/activity/science/](http://www.education.com/activity/science/), offerings science activities to help children understand important concepts and allows children the opportunity to discover something new.



## Teens

There are many ways to engage teens at your SFSP site. The websites below are just a few that offer interesting, fun and effective ideas tailored for teens.

**One Stop English**, [www.onestopenglish.com/teenagers/skills/games](http://www.onestopenglish.com/teenagers/skills/games), features classroom games for teens.

High school activities on **Education.com**, [www.education.com/activity/high-school](http://www.education.com/activity/high-school), includes ideas to help show teens the fun side of learning.

Icebreakers are used to encourage people to get acquainted, but you can also use icebreakers to get teens excited about attending your SFSP site. Icebreakers can be easily found on the internet. Here are a couple of interesting sites:

- [www.voices.yahoo.com/five-fun-icebreaker-games-tweens-teens-7962238.html](http://www.voices.yahoo.com/five-fun-icebreaker-games-tweens-teens-7962238.html).
- West Virginia Department of Education, [wvde.state.wv.us/counselors/links/resources/team-builders.html](http://wvde.state.wv.us/counselors/links/resources/team-builders.html), click 'Energizers, Icebreakers and Team Builders'.

## Meal Site Hosted Events

Children love to celebrate special events and join in with special activities. Special days keep children discovering new experiences, and can bring a sense of excitement and anticipation to your SFSP site.

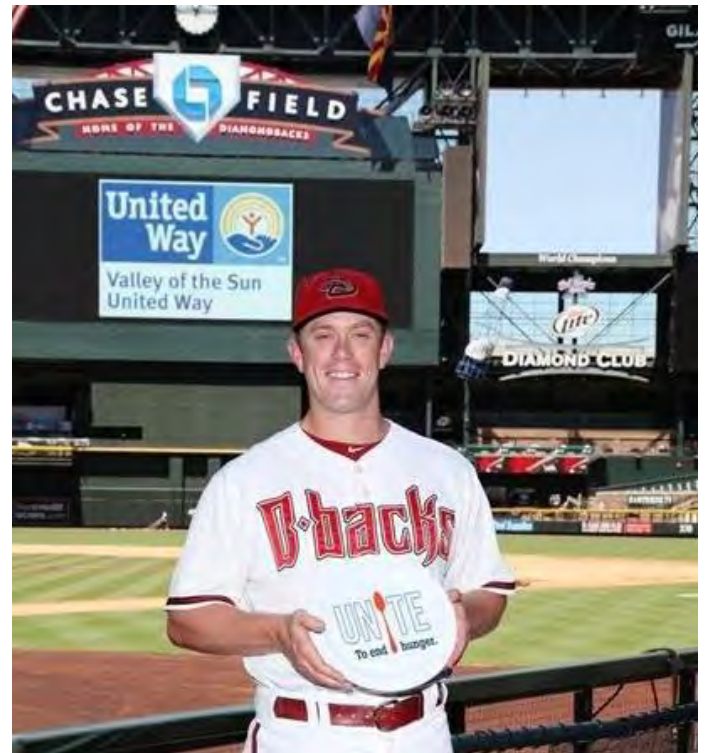
Here are just a few ideas:

- Escape the heat with **Water Activities** such as sponge fights, water gun battles, water slides, etc.
- Ask the children to choose a movie for **Movie Day**
- Have a **Pajama Party**
- Put on a **Play, Dance Show** or **Music Video**
- Have a **Reading Day** with older children reading to younger children
- **Hold a Cupcake War** with other SFSP sites. The adults can bake the cupcakes and the children can decorate them.
- **Explore other cultures and customs. For example, host Hawaiian Week** at your SFSP site. Take the children on a Virtual Hawaiian Vacation by having 'Hula Dance Lessons', 'Pineapple Coloring Contests' and serving 'Fresh Pineapples'. If possible, ask your local floral shop for floral donations so the children can make Hawaiian leis.

# Community Resources

## Chamber of Commerce

Connect with your local area Chamber of Commerce for a preview of current or upcoming events, or to obtain community related information that may be of interest to the children at your SFSP site.



Chamber of Commerce	Phone	Address	City	Zip	Website
Ahwatukee Foothills	480-753-7676	4435 E Chandler Blvd, Ste 140	Phoenix	85048	<a href="http://www.ahwatukeechamber.com">www.ahwatukeechamber.com</a>
Arizona Hispanic	602-279-1800	255 E Osborn Rd #201	Phoenix	85012	<a href="http://www.azhcc.com">http://www.azhcc.com</a>
Asian		1219 E Glendale Ave	Phoenix	85020	<a href="http://www.asianchamber.org">www.asianchamber.org</a>
Buckeye Valley	623-386-2727	508 E Monroe Ave	Buckeye	85326	<a href="http://www.buckeyevalleychamber.org">www.buckeyevalleychamber.org</a>
Chandler	480-963-4571	25 S Arizona Pl, Ste 201	Chandler	85225	<a href="http://www.chandlerchamber.com">www.chandlerchamber.com</a>
Gilbert	480-892-0056	119 N Gilbert Rd, Ste 101	Gilbert	85234	<a href="http://www.gilbertaz.com">www.gilbertaz.com</a>
Glendale	623-937-4754	5800 W Glenn Dr, Ste 275	Glendale	85301	<a href="http://www.glendaleazchamber.org">www.glendaleazchamber.org</a>
Greater Phoenix	602-495-2195	201 N Central Ave, Fl 27	Phoenix	85004	<a href="http://www.phoenixchamber.com">www.phoenixchamber.com</a>
Greater Phoenix Gay & Lesbian	602-266-5055	3819 N 3rd St # E6	Phoenix	85012	<a href="http://www.phoenixgaychamber.com">www.phoenixgaychamber.com</a>
Mesa	480-969-1307	40 N Center ST, Ste 104	Mesa	85201	<a href="http://www.mesachamber.org">www.mesachamber.org</a>
North Phoenix	602-482-3344	14001 N 7th St, Bldg C, Ste 106	Phoenix	85022	<a href="http://www.northphoenixchamber.com">www.northphoenixchamber.com</a>
Peoria	623-979-3601	8631 W Union Hills Dr, Ste 203	Peoria	85382	<a href="http://www.peoriachamber.com">www.peoriachamber.com</a>
Scottsdale Area	480-355-2700	7501 E McCormick Pkwy, Ste 202 N	Scottsdale	85258	<a href="http://www.scottsdalechamber.com">www.scottsdalechamber.com</a>
Southwest Valley	623-932-2260	289 N Litchfield Rd	Goodyear	85338	<a href="http://www.southwestvalleychamber.org">www.southwestvalleychamber.org</a>
Tempe	480-967-7891	909 E Apache Blvd	Tempe	85281	<a href="http://www.tempechamber.org">www.tempechamber.org</a>



## Phoenix Metro Area Sports

There is always a game happening in Phoenix, which is home to many sports teams. Below are a few sports teams that you may want to contact to help your SFSP with activities.

**Arizona Cardinals:** [www.azcardinals.com](http://www.azcardinals.com)

**Arizona Diamondbacks:** [www.arizona.diamondbacks.mlb.com/index.jsp?c\\_id=ari](http://www.arizona.diamondbacks.mlb.com/index.jsp?c_id=ari)

**Phoenix Mercury:** [www.wnba.com/mercury](http://www.wnba.com/mercury)

**Arizona Rattlers:** [www.azrattlers.com](http://www.azrattlers.com)

**Phoenix Coyotes:** <http://coyotes.nhl.com/>

**Phoenix Suns:** [www.nba.com/suns](http://www.nba.com/suns)

## Other Community Resources:

**Arizona 2-1-1:** [www.211arizona.org/maricopa/](http://www.211arizona.org/maricopa/). Search 'Arts and Culture Services'.

**Raising Arizona Kids:** [www.raisingarizonakids.com/community-resources/](http://www.raisingarizonakids.com/community-resources/). Search 'Party Entertainers in Maricopa County'.





## Free Off-Site Activities

Children often learn by seeing and doing. It is important to incorporate some fun outings that take the children at your SFSP site to places they may have never been before. Trips are an ideal alternative to the everyday schedule. The organizations listed below offer free tours and passes.

### Arizona Capitol Museum

The Arizona Capitol Museum is the original Capitol Building for the State of Arizona. We offer tours covering Civics and State history.

Website: [www.azlibrary.gov/museum](http://www.azlibrary.gov/museum)

Contact: Taylor Arrazola  
 Phone: 602-926-3620  
 Email: [tarrazola@azlibrary.gov](mailto:tarrazola@azlibrary.gov)

Activity 1: Tour of the Arizona Capitol Museum  
 Description: This tour covers Civics - how government works, the constitutions and voting.  
 Fee: Free. Must be scheduled in advance via website; minimum 15 attendees.

Activity 2: Non-Tour Visit of the Arizona Capitol Museum  
 Description: Individuals and small 'family size' groups can visit the Museum for 'Free Roaming Exploration'. These are not led tours, but there's info in all the exhibits and the 'Capitol Connections' activity can be downloaded from our website for free. Large groups should not come without scheduling a tour, as we are lightly staffed in summer.  
 Fee: Free.

### Children's Museum of Phoenix

The Children's Museum of Phoenix is a wondrous place of imagination, inspiration, creativity and just plain fun! Designed for children ages birth to 10, this is not your typical Museum. Here we want you to touch EVERYTHING!

Website: [www.childrensmuseumofphoenix.org](http://www.childrensmuseumofphoenix.org)

Contact: Marion Wiener, Director of Marketing and Communications  
 Phone: 602-648-2746  
 Email: [mwiener@childmusephx.org](mailto:mwiener@childmusephx.org)

Activity: Admission to the Children's Museum of Phoenix  
 Fee: Limited number of free passes available.

# Partner Contact Information

## Valley of the Sun United Way

1515 E. Osborn Road  
Phoenix, AZ 85014  
602-631-4800  
[www.vsuw.org/](http://www.vsuw.org/)



Summer Food Service Program Activity Resource Guide: [www.vsuw.org/activityguide](http://www.vsuw.org/activityguide)

Lora Reid  
Community Impact Manager, Ending Hunger  
602-631-4877  
[lreid@vsuw.org](mailto:lreid@vsuw.org)

## Arizona Department of Education Health and Nutrition Services

3300 N. Central Avenue  
Phoenix, AZ 85012  
602-542-8700  
[www.azed.gov/health-nutrition/](http://www.azed.gov/health-nutrition/)



Summer Food Service Program: [www.azsummerfood.gov/](http://www.azsummerfood.gov/)

Summer Food Service Program Resources: [www.azsummerfood.gov/resources](http://www.azsummerfood.gov/resources)

